Al-Mamoor School

Breakfast and Lunch Menu

'26 - '27

NOV. 02 - NOV. 06

Day	Breakfast	Lunch	Allergy Info
Monday	W/G Assorted Danish, Yogurt, Juice, Milk	Chicken Nuggets, Baked potato wedges,Spinach, Milk, Fruit cup	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Tuesday	W/G Croissant, Juice, Yogurt, Milk	Taco, Cheese sauce, Mix green salad, Milk, Fruit cup	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Wednesday	Assorted Muffins, Juice, Milk, Yogurt	Baked ziti w/ ground beef, Baby carrots, Milk, Banana	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Thursday	W/G Pancake, Butter, Syrup, Yogurt, Juice, Milk	Egg fried rice, English peas, Apple slices, Milk	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Friday	W/G Scooters cereal, Milk, Yogurt, Juice	Roasted chicken drumstick w/ lemon pepper, Mix veggies, Bread, Milk, Orange	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat

Al-Mamoor School

Breakfast and Lunch Menu

'26 - '27

NOV. 09 - NOV. 13

Day	Breakfast	Lunch	Allergy Info
Monday	French toast, Syrup, Juice, Milk, Yogurt	Chicken fingers, Corn cob, Spinach. Milk, Fruit cup	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Tuesday	W/G Croissant, Juice, Yogurt, Milk	Pasta bolognese, Sautéed kale w/ garlic and onion, Milk, Banana	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Wednesday	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED
Thursday	W/G Waffle, Syrup, Yogurt, Juice, Milk	Ground beef garbanzo bean stew w/ carrot, WG bread, Milk, Apple slices	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat
Friday	W/G Cereal, Milk, Yogurt, Juice	Sautéed chicken w/ bell pepper, Mix veggies, Milk, Orange	Contains eggs, dairy, peanut, wheat, soy, 0 trans fat