



FEBRUARY STUDENTS OF THE MONTH

Kindergarten

HAFAH NOKALY

1st Grade

ANAAH RAHMAN

2nd Grade

MALHA KHAN

3rd Grade

MOHSAH RASHIDA

4th Grade

SAKEENAH MALIK

5th Grade

MOHAMED ELAZAB

6th Grade

AISHA HANIF

7th Grade

RAYYAN RAHMAN & JANNATUL ISLAM

8th Grade

ADYAN CHOWDHURY & NAFISA UDDIN

9th Grade

MUJTABA RAHMAN

10th Grade

IFFAAT SABOOR

11th Grade

LENAH SHEHADA

12th Grade

RUHSAH AZIZ



SPELLING BEE WINNERS!

KINDERGARTEN

1st Place: Aamilah Bacchus

2nd Place: Muhammad Usman

Amaz

3rd Place: Noobaayeet Rahman

1ST GRADE

1st Place: Sakeena Moonshi

2nd Place: Anabia Ousama

3rd Place: Hibba Qaisar

2ND GRADE

1st Place: Muhammad Anas

2nd Place: Zarif Chowdhury

3rd Place: Muhammad Ibraheem

3RD GRADE

1st Place: Tayyib Saifan

2nd Place: Sameeha Islam

3rd Place: Safiya Hotaki

4TH GRADE

1st Place: Muhtasim Rahman

2nd Place: Muntaha Nur

3rd Place: Samain Khan



5TH GRADE

1st Place: Nasif Haque

2nd Place: Aakifah Qidwai

3rd Place: Reihan Zoha

6TH GRADE

1st Place: Aisha Hanif

2nd Place: Rizwan I Younas

3rd Place: Ayaan Sheikh

7TH GRADE

1st Place: Ilyas Hotaki

2nd Place: Zeeshan Ahmed

3rd Place: Rayyan Rahman

8TH GRADE

1st Place: Zainab Ousama

2nd Place: Mohammed Zaman

3rd Place: Aayan Hoque

March 1, 2021

GLEAMING SCHOOL LIFE

By Rayin Ahsan

Conversation with a Muslim Doctor:

On February 10, Al-Mamoor welcomed Dr. Nida Gulfam to speak with sophomores and juniors. The resident psychiatrist answered questions from students regarding the nature of her working environment and her ambition. She shared that she chased her passion for psychiatry because she loves to study the human brain. Dr. Gulfam also went into depth regarding her racial experiences as she revealed that her hijab was a target, attracting screaming and violence from violent patients and that scary and anxious moments would occasionally occur, but it would not genuinely discourage her from doing what she loves. Dr. Gulfam went on to proudly declare that, despite the occasional discrimination, her trust in Allah has paid off as He provided her co-workers who support her and shun even an ounce of discrimination, masha'Allah.

100 Days of School:

February 12 marked the 100th day of the school year, and as this year has proved to be significantly unique and rare, it has introduced a whole new experience for students to learn and teachers to teach. It certainly took time to adjust, but Alhamdulillah, we have progressed this far and look forward to the best that is to come. We thank everyone for maintaining their patience and sticking together in difficult times, and Insha'Allah, we will all continue our marvelous progress and remain positive.

Spelling Bee:

Al-Mamoor hosted their annual spelling bee from February 22nd to the 25th, where students from Kindergarten to Grade 8 were tested on their memorization and recital of their instructed words. Masha'Allah, students and parents enjoyed heated competition. Congratulations to all the winners & participants!

Oaktree Workshop:

On February 25th, Br. Rami Kawas returned to speak with students in continuation of discussing the construction of their careers and future, as he focused on the essentials of time management. Br. Rami indulged in the significance of conserving our concentration and energy by managing our time, which will construct in a prolific form that can take on tasks and achieve our goals productively.

In reference to the workshop, one student writes, "It was refreshing and comforting to hear from someone educated in the department of worthiness and productivity assessment."



Budget Request for Clubs:

On March 2nd, Student Council will hold a budget request for clubs, between 1:30 PM and 2:30 PM. The budget is \$300, and the clubs are looking forward to raising funds to increase their activities. For more information, please contact studentcouncil@al-mamoor.org.

STEAM Competition:

Students from Kindergarten to 12th grade participated in the STEAM Competition where they engineered their own created designs, basing it off on science, technology, engineering, art, or math. It proved to be an exciting experience. Thank you to all students who participated. Enraptured yet patient, we cannot wait to hear who won.

SPEECH TOPICS

GRADES 1-3 | 3 MIN

- (1) My Role Model is...
- (2) I Love Prophet Muhammad (SAW) Because...

GRADES 4-5 | 4 MIN

- (1) My Parents are My Gates to Jannah Because...
- (2) My Favorite Sahabi/Sahabiyah is...

GRADES 6-7 | 5 MIN

- (1) Lessons for Time Management During the Pandemic
- (2) Surat --- Is Important Because...

GRADES 8-9 | 6 MIN

- (1) Pride in being Muslim - Challenges Facing Youth Today and How to Overcome Them
- (2) My Role in My Community is...

GRADES 10-12 | 6 MIN

- (1) Social Media: Using It the Right Way
- (2) I Am Who I Am; My Identity As a Muslim.



To Social Media or Not?

BY LENA SHEHADA

This is a question that was posed to you, my fellow students. I would like to begin by thanking everyone who has taken time out of their day to share their ideas. The impact social media has on an individual is certainly a controversial topic, and although there are numerous beneficial impacts, negative impacts still exist. One student claimed, "Social media is what you make of it." Social media can either make you or break you depending on how you use it. If used properly, social media can be informative, a source of motivation, as well as a way to communicate with loved ones. During this pandemic, social media has actually been a primary genesis for one to reach out to their family. Furthermore, some even say that it has taught them logical information that they otherwise would not have gained. However, if put in the wrong hands, social media can be severely harmful as it can be a complete waste of time or a distraction, preventing you from accomplishing your realistic goals.

It also provides a high expectation of the image one is expected to portray in society. This tends to leave young adults feeling insecure and cautious of their physical features. Cyberbullying is also a crucial issue that has developed within social media. In some cases, young teens have even committed suicide due to harsh criticism. Ultimately, the impact of social media truly depends on how it is utilized.



Free Colleges, yes or no?

BY RABIA RAZIQ

We asked you if colleges should be free and you spoke. Thank you to all students who shared their views. The majority of us seem to agree that free colleges should be the norm, or at least state colleges should be free, while other top-tier universities can charge tuition if they so choose. No single student stated that colleges should not be free. Many argue that colleges should not be free because of increased competition and the loss of value education has on a person due to accessibility, but isn't that the end goal of life? To have access to the best education possible and be able to pursue whatever dream you desire?

The competition will always still be there, free colleges will open various doors for communities of color that have been hurt by controversial economic policies. It is a good investment that is overdue. Studies show that it will also be good for the economy as it will expand the workforce, therefore creating more jobs. Some of the survey responses also argued that it will expand society so everyone has access to education as privileged groups do.

There will be higher salaries provided too. The few cons are longer studying time, the burden on taxpayers, and education inflation. I do believe that these problems are already apparent in this country and it's happening while millions drop out or fail to get an education because of lack of financial stability.

Free college seems to be the most popular answer in this survey.

LOOKING AHEAD

You in the Yearbook - If you did not take your photo on picture day, provide your homeroom teacher with a photo of yourself for us to use in the yearbook. The last day to provide such a picture is this Tuesday, March 9.

Your Picture Day Photo, Available Soon - Your Picture Day Photo should be available for purchase online in just a few more days. Visit <https://sdsportraits.gotphoto.com/login> to find out more.

Second and Third Grade Honors Program - Last day to apply for the Honors Program is March 15.

Speech Competition - Al-Mamoor School's annual Speech Competition will be held from March 16th to 18th.

The Fourth Marking Period ends on March 19.

Ramadan Live! - A Ramadan show on our Facebook Page (facebook.com/almamoorschool). Thirty episodes during the month of Ramadan, and we need YOU to make this program a success. Last day to submit videos/photos - Friday, March 19.

Reversion to Islam with Sr. Nahela Morales - With appreciation and enthusiasm, we are delighted to announce that Sr. Nahela Morales will be visiting our students virtually to discuss her Islamic reversion story. Students and parents of students in Grades 9-12 are invited to join on March 24 at 12:30pm.

~*Spring Break*~ March 29 - April 2.

Quran Competition - Al-Mamoor School's annual Quran Competition will be held from April 5th to 8th.

Ramadan Begins! - Ramadan is expected to begin on April 12. Get your mushaf's ready! Allahuma Balighna Ramadan (May Allah allow us to reach to the month of Ramadan).



Oaktree Workshop:

On February 25th, Br. Rami Kawas returned to speak with students, continuing his discussion on constructing our careers and future, focusing on the essentials of time management. The session was held from 10:00 AM to 11:30 AM. Br. Rami indulged in the significance of conserving our concentration and energy by managing our time, which will transform us prolifically, allowing us to take on tasks and achieve our goals productively.





CONVERSATION WITH A DOCTOR

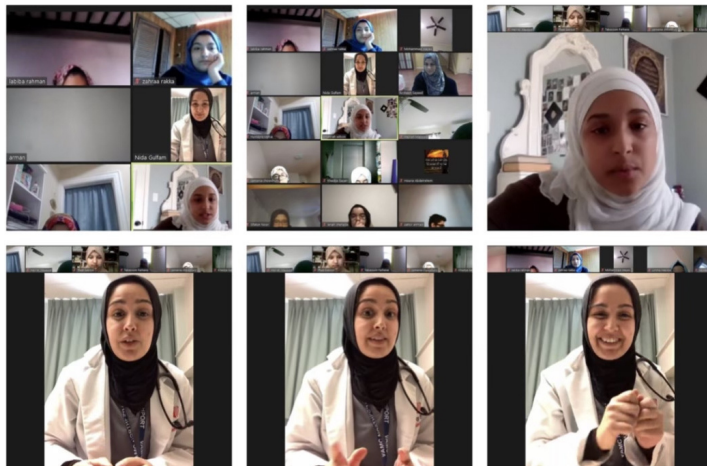
By Zahor Ahmad

As students who are still in school, it is imperative that we are exposed to career paths and Dr. Nida explained that very well. Dr. Nida discussed what led to her deciding that she wants to follow this profession. She explained how she was passionate and her interest in the study of the brain grew as she got closer to choosing a career.

Dr. Nida described key skills required to become a doctor, particular that of hard work and, oddly enough, people skills. Dr. Nida went on to say, "people won't take your medicine if they do not trust you, so you need to develop people skills." She also went on to tell us about her toughest days, specifically days where she would have to encounter patients with schizophrenia, or other mental disorders. Being a Muslim hijabi woman also made her an easy target for violent and rude patients. Her key to overcoming those challenges was patience and reliance on Allah. Dr. Nida reminisced about prayers she made to Allah about her difficulties, and Allah answered her prayers with extremely supportive co-workers.

On a lighter note, several students questioned whether the show Grey's Anatomy was similar to real-life. To our dismay, Dr. Nadi explained that the show was nothing close to what real residency looks like.

Our conversation with Dr. Nida is part of a larger effort facilitated by the school to expose us to different professions. Dr. Nida Gulfam conversed with sophomores and juniors, addressing inquiries from understudies with respect to her workplace and passion. It is important to network with people inside and outside of your community in order to be ready for the college experience.



SCHOOL CLUBS

By Umma Habiba

Key Club

During the months of January and February, Key Club worked to collect clothes and food for the food and coat drives. The staff and students have worked really hard to arrange these drives due to COVID-19 closing the many organizations that collected these necessities.

Their upcoming project is to raise money for Bangladesh, a third-world country; the country suffers from poverty and natural disasters which causes problems for the citizens of Bangladesh. "Though we cannot rid its people of the problems, we aim to help in any way possible. We ask you and everyone to join and help Bangladesh!" - Rabia Khan

UNICEF:

In the month of February, the members from Unicef hosted an event called Project Read Aloud in which they created read-aloud videos for the younger grades in Al-Mamoor

"We need to become mentors for younger students during troubling times. Many young students have lost focus in learning, finding it taxing due to the rigid structures of remote learning. But we can change that. The aim of this project is to inspire a love of learning through books like Dr. Seuss, Pete The Cat, or any Islamic book that might interest young learners." - Tabassum Farhanna

Principal Club:

At the moment, the members of the Principal club, alongside Sr. Arsheen, are working together to assemble a LaunchGood website where Muslim communities can share their stories in hopes of raising money for their own unique purposes. Their cause is to tackle the issue of tuition for many students at Al-Mamoor who struggle and sacrifice to pay for their education.

The club members have also opened the possibility of operating events and live streams in pursuit of educating students and staff members on the religion of Islam. "We hope that students will join us on our journey to create the safest as well as a successive environment for the students of Al-Mamoor School." - Taskin Zaman

Climate Change

BY ZAHRAA RAKAA

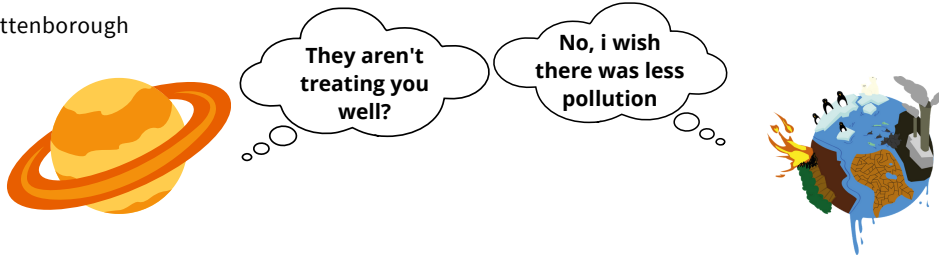
Climate Change is an unusual change in weather patterns caused significant amounts of carbon dioxide and other greenhouse gases being discharged into the air by human activity over the past century. Extreme weather conditions and floods are becoming more frequent in some countries, while other countries are facing droughts, copious amounts of melted ice and snow, and extreme heatwaves. A study taken in February 2020 showed that 1/3 of all plant and animal species could be extinct by 2070 due to climate change. We have to begin working now to preserve and protect our Earth now, or Climate Change will affect billions for generations to come.

Habits you can start or stop to prevent Climate Change and do your part in protecting our Earth:

- Use energy cautiously and sensibly.
- Waste less
- Recycle plastic.
- Use more metal straws and bottles and reduce the use of plastic.

"It is one world. And it's in our care. For the first time in the history of humanity, for the first time in 500 million years, one species has the future in the palm of its hands."

- David Attenborough



NBA Headlines

BY ARMAN CHOWDHURY

Mark your calendars NBA fans, the All-Star Game is almost near! Starting on Sunday, March 7th, the All-Star Game will be held in State Farm Arena in Atlanta, Georgia. This year's All-Star Game will be divided into three categories, all of which will be played in one night. Coverage begins at 5 PM ET on TNT, the Skills Challenge and 3-Point Contest at 6:30 PM ET, the 70th All-Star Game at 8:00 PM ET, and at halftime the Slam Dunk Contest.

Coaches, Team Captains, and Starters

Team Durant

Doc Rivers (Coach)

- Kevin Durant (Team Captain)
- Giannis Antetokounmpo
- Joel Embiid
- Bradley Beal
- Kyrie Irving

Team LeBron

Quin Snyder (Coach)

- LeBron James (Team Captain)
- Kawhi Leonard
- Nikola Jokic
- Luka Doncic
- Stephen Curry

Trades

- Derrick Rose has been traded to the New York Knicks for Dennis Smith Jr.
- Brooklyn Nets sign former OKC Thunder guard Andre Roberson

STUDY TIPS

- First get adequate sleep!
 - Getting a good night's sleep the day before is important for your body to recharge, and it also increases a person's ability to focus, learn efficiently, and also improves memory. Make sure to get around 8-10 hours of sleep each night!
- Create a to-do list/schedule.
 - Writing down your tasks one by one will not only help you know what you have to tackle for the day, but it also helps to clear your thoughts and plan on how you will finish your work.
- Have a quiet and clean space to study.
 - A study space that is unorganized can easily be a distraction, so try to take some time to clean up your space before you begin doing your work.
- Study in a Group.
 - Studying in groups with your friends encourages us to think creatively and effectively work together to get our tasks done.
- Take Short Breaks While Studying
 - Try this- Set your timer for 25 minutes, and focus on a single task until the timer rings. Then enjoy a 5-minute break (also called the Pomodoro technique). If you are feeling stressed and close to burnout, take some time off to rest and relax before getting back to work.
- Take Practice Tests.
 - It's important to take practice tests periodically. This will help us do better on the exams later, and it also reminds us of what the exams are about and how we can answer them.

