# DUGS for Protection

Key Du'as Made Easy to Learn





- 9 g g E w ... g w

#### Du'as for Protection 1

# **Keep Illness Away**

'Al-Baras' is leucoderma which is a type of skin disease. In this du'a, you're asking Allah to save you from all bad diseases (sayyi'il as-qaam).



# اللَّهُمَّ إِنِّي أَعُونُ بِكَ مِنَ الْبَرَصِ وَالْجُنُونِ وَالْجُذَامِ وَسَيِّءِ الْأَسْقَامِ

O Allah! I seek protection in You	Allahumma inni a'udhu bika	اللَّهُمُّ إِنِّي أَعُونُ بِكَ
from leucoderma,	minal-barasi	مِنَ الْبِرَصِ
insanity,	wal-junooni	<u>وَ</u> الْجِنُونِ
leprosy	wal-judhaami	وَالْجُذَامِ
and bad diseases.	wa sayyi'il-asqaam	وَسَيِّءِ الْأَسْقَامِ

(Abu Dawood)



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# **Stay Safe**

اللَّهُمَّ إِنِي أَعُوْذُ بِكَ مِنْ زَوَالِ نِعْمَتِكَ وَتَحَوُّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَوِّلِ عَافِيَتِكَ وَفُجَاءَةِ نِقْمَتِكَ وَجَمِيعٍ سَخَطِكَ

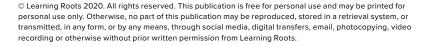
O Allah! I seek protection in You from	Allahumma inni a'udhu bika	اللَّهُمَّ إِنِّي أَعُوذُ بِكَ
Your Favours going away	min zawali ni'matika	مِنْ زَوَالِ نِعْمَتِكَ
and change in the safety You have given,	wa tahawwuli 'afiyatika	وَتَحَوُّلِ عَافِيَتِكَ
and the suddenness of Your punishment	wa fuja'ati niqmatika	وَفْجَاءَةِ نِقْمَتِكَ
and all that displeases You.	wa jami'i sakhatik	وَجَمِيعِ سَخَطِكَ

The Arabic word **Al-'Aafiya** covers safety from all forms of harm in this world and the hereafter.





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(Muslim)



# **No Harm**

بِسْمِ الله الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيم (3)

In the name of Allah Who,	Bismi I-laahi I-ladhi	بِسْمِ الله الَّذِي
nothing is harmed	laa yadurru	لَا يَضُرُّ
with His name	ma'a smihi shay'un	مَعَ اسْمِهِ شَيءٌ
on earth	fi-l ardi	فِي الْأَرْضِ
nor in the heavens	wa laa fi s-samaa'i	وَلَا فِي السَّمَاءِ
and He is The All-Hearing, The All-Knowing.	wa huwa s-sami'-ul-'aleem	وَهُوَ السَّمِيعُ الْعَلِيم

(Abu Dawood and At-Tirmidhi)







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#### Du'as for Protection 4

# **Your Shield**

أَعُوذُ بِكَلِمَاتِ الله التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ 3

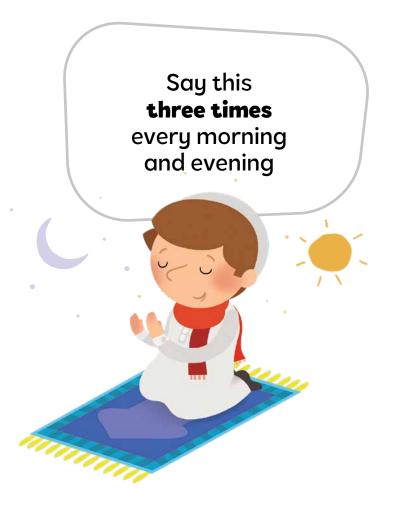
) I seek protection A'oodhu

with Allah's words bi-kalimati l-laahi بِكَلِمَاتِ الله

التَّامَّاتِ that are perfect ataammaati التَّامَّاتِ

from the evil He has created. min sharri maa khalaq مِنْ شَرِّ مَا خَلَقَ

(Muslim)





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### **Du'a Said to Someone Unwell**

The Prophet said that whoever visits a sick person who is not about to die and says this du'a seven times, Allah will certainly heal him from that sickness.



<b>x7</b>	ظِيمٍ أَنْ يَشْفِيَكَ	، الْعَرْشِ الْعَ	الله الْعَظِيمَ رَبَّ	أَسْأَلُ
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I beseech Allah the Great,

As'alullahal-'Azima

أَسْأَلُ الله الْعَظِيمَ

the Rabb of the Great Throne.

Rabbal-'Arshil-'Azimi

رَبَّ الْعَرْشِ الْعَظِيم

to heal you.

an yashfiyak

أَنْ يَشْفِيكَ

(Abu Dawud and At-Tirmidhi)



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# **A Complete Cure**

A'isha said that when anyone among them had an illness, the Prophet sused to rub the area of the pain and recite this du'a.



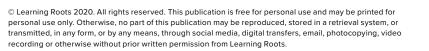
اللَّهِمَّ رَبَّ النَّاسِ أَذْهِبِ الْبَأْسَ وَاشْفِ أَنْتَ الشَّافِي لَا شِفَاءَ إِلَّا شِفَاؤُكَ شِفَاءٌ لَا يُغَادِرُ سَقَمَاً

O Allah! The Lord of mankind!	Allahumma Rabban-nasi	اللَّهمَّ رَبَّ النَّاسِ
Remove this disease.	adhhibil-ba'sa	أَذْهِبِ الْبَأْسَ
And cure (it). You are the One Who Cures.	washfi, Antash-Shafi	وَاشْفِ أَنْتَ الشَّافِي
There is no cure but through You,	la shifa'a illa shifa'uka	لَا شِفَاءَ إِلَّا شِفَاؤُكَ
a cure that leaves behind no disease.	shifaan la yughadiru saqama	شِفَاءٌ لَا يُغَادِرُ سَقَماً

(Bukhari & Muslim)



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